



## The Voice of the Vineyards

The Weekly Electronic Bulletin of the Rotary Club of Healdsburg

"The mission of a bulletin is inform the membership,  
comfort the afflicted and afflict the comfortable"

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Editor/Publisher: **George Heath**

**March 9, 2026**



**PLEDGE OF ALLEGIANCE** led with pride by **Don Cliver**

### GUESTS & VISITING ROTARIANS

✓ Ali Tulle (New member as of today!)



✓ Noah Cohen (New member as of today!)



✓ Anu Patel

✓ Dave Mason



✓ Emily Bakhitah



### THOUGHT FOR THE DAY -Mike Potmesil



Our deepest fear is not that we are inadequate, our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented and fabulous? Actually, who are you not to be? You are a child of God. Your playing small doesn't serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are born to manifest the glory of God that is within us. It is not just in some of us, it's in everyone. And as we let our own light shine, we consciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others. – Nelson Mandel 1994 Inaugural Speech

### INTERNATIONAL WOMEN'S DAY



**President Cathy** invited all the women in the room to stand in appreciation.

### BOOK REVIEW-Richard Norgrove, We the Women



Considering International Women's Day, **Richard** invited anyone with daughters, granddaughters, or women young women in their life, to gift this book to them. *We the Women* by Norah O'Donnell offers a compelling retelling of American history through the stories of women whose courage and determination helped shape the nation. Reading excerpts from the book, **Richard** offered a pop quiz of overlooked women figures who fought for equality and pushed America closer to its founding ideals.



## WELCOME NEW ROTARIANS-Ali Tuttle and Noah Cohen

- Welcome to our club! Members gave the ceremonial welcome handshake after the meeting.

## PAUL HARRIS AWARDS-Devin Drew

- **Timothy Regan** – First \$1000 mark
- **Barbara Oddone** - +5 pin
- **Jim Westfall** - +7 pin



## GOLFING FOR HENK PEETERS

- ✚ \$836 raised for Polio Plus – **President Cathy** proposed we make this an annual event.

## STEELHEAD FESTIVAL



First year our club has participated, this was the 17th annual Steelhead Festival. We met potential new members (Anu) and reconnected with an organization we have helped in the past, Sonoma Wildlife Foundation, they were pleased with our efforts and expressed interest in working with us again. We had 14 Rotary volunteers: **Norm Fujita, Dave Henderson, Cathy King, Patricia Fitchner, Barbara Oddone**, please forgive whomever I missed.

## VOLUNTEER OPPORTUNITIES-Norm Fujita

- ❖ March 24 -- Rose garden fertilization
- ❖ Earth Day (April 22) -- Probable Russian River Clean-up in Guerneville\
- ❖ April 30 -- Wildfire resiliency work at Riddell Preserve
- ❖ May 9 -- Russian River Arundo Removal Day



## EASTER EGG SCRAMBLE-Phil Luks, April 4th

- ✚ **Phil Luks** has
- ✚ s 3000 plastic eggs filled and ready to go!

## DISTRICT LEARNING ASSEMBLY

Emily Bakhitah-Rise to Shine



Emily grew up in a poor community and experienced firsthand the barriers many children—especially girls—face in accessing education. After receiving support that allowed her to pursue her own education, she founded the Rise to Shine Education Foundation to help other young people break the cycle of poverty through schooling and mentorship.

Since its early beginnings helping a small group of students, the foundation has expanded to support hundreds of students with scholarships, school supplies, and mentorship, giving many their first opportunity to complete secondary education.

Emily’s sense of duty and responsibility in giving back and helping those in similar situations to her early years were the impetus for this non-profit education foundation.

## HAPPY \$\$

Sadly, skipped in the interest of time. **Fred** had happy dollars to spend and was visibly disappointed.

## TODAY'S PROGRAM

A Simple Gesture - Mark Martindell aka ‘Supreme Bag’

13.5% of people are “Food insecure.” The problem is here and its everywhere. Federal and State funding has been cut, and further cuts are expected.

1 in 3 single-mom families struggle with food insecurity and hunger. Children need nutrition for a healthy start in life and their self-esteem.



ASG is a program that helps bridge the food insecurity gap working in conjunction with local food banks to bring, not just food, but healthy food, consistently to their doors, where the community members in need turn to for support.

ASG is grateful for our clubs \$2000 donation which realizes like a \$40,000 in the traditional marketplace. Our club currently has 105 people registered with a goal of 500. Thank you to the 14 members that have volunteered to drive and the 32 which have donated bags of food.

Sonoma County is a beta test for this program with a goal of 900 chapters across the country in the next 5 years to provide a reliable food supply but not only that, but a healthy food supply as well.

## RAFFLE

- Ticket Winner #680 **Rich Lapping** with \$147 on the line
- Marble Outcome - Blue – He walked away (happily, I think) with a bottle of wine.



## *UPCOMING PROGRAMS*

- March 16th-Fish Hatchery Tour
- March 23rd- Erica McGuire (wife of **Mike McGuire**) and Friends-Science Camp